

The Many Mysteries of the Path

Constellations about life,
its challenges,
and authentic spirituality

A workshop with Sneh Victoria Schnabel
in Freiburg

Wednesday, 30. May (10:30)

– Sunday, 3. June (17:00)

Some work will be done outdoors
(nature constellations) on one of the days.
One late-evening will be devoted to work,
and one afternoon left free.

Cost: €420



“Our greatest stumbling blocks are our strongest allies in disguise”

– A shaman’s wisdom

Theme:

Looking deeply at the way we choose to lead our lives can give us insight into who we are right now. We will discover the many secret layers of how we learned to be the perfect child, best friend in school, courageous rebellious student, committed co-worker, team player, citizen, spiritual seeker, group member in all kinds of self-help or guided groups—in short, how to “fit in”.

When we can let go of the need to be loved and accepted, and the conditioning we “learned”, we come closer to home, our own truth, our own wisdom, and start to live our soul’s agenda, which simply is: living in freedom to choose what we want to experience this time around on earth.

Conditioning is part of the game, part of life on this planet that we chose.

It is nothing bad—rather a necessity that can change as we do, if we wish. But to be able to change we first must know and understand what it is that hinders our freedom to choose, to be who we are meant to be in our deepest core.

Fears—on a global level as much as in our personal lives—distort our perception, and thus our ability to act from our heart.

To get to know our fears—the ones we took over from our ancestors, our culture, our parents, social environment, and even from lives long past—is the king’s way to change what does not serve us anymore and to start to walk our path in great freedom.

Yet we need to yearn for it with all of our being, be passionate and dedicated, courageous and patient at the same time. Otherwise we will not feel ready to pay the price that it will cost. Friends and family might not like the way we change; some work will not feel appropriate; some relationships will need to end; and we might find ourselves quite alone.

Until we find the members of our tribe—the ones who are, like us, ready to move forward—the ones we seem sometimes to know from long ago.

Chances are you will find some or many of them in this very group. A theme such as this can draw old friends together; companion travelers with whom we may have old “agreements” to once again support and hold each other for a while.

Method:

We will use constellation work and similar procedures, using our bodies with their abilities to feel, see and hear, to sense with our instinct and beyond, to gain insight—similar to what a learned channel will do.

Constellation work is and has always been one of the master keys to find the “hidden truth”, and to listen to the unknown.

We also will use tools to help us open hidden channels in order to get in touch with our essence, with our spirit-guides and all the beings to whom we do belong—quite like our family on earth.

The foundation on which we will build will be everyone’s individual spirituality, my own experiences with living masters, (most of all, Osho, Punjajee and Sufi Baba), and all the teachings I have experienced and am continuing to experience—mainly the Archetypes of the Soul (Hasselmann and Schmolke) and the Michael Teachings from various sources (mostly: Shepherd Hoodwin).